

# GET ACTIVE!

## Sign up for a Class:

- Aerobic Conditioning
- Yoga
- Swimming
- Fencing
- T’Ai Chi
- Independent Programs
- & MORE....



The all-weather-surface track offers an exercise experience that’s gentle on the joints. Join your co-workers during lunch for a stroll around the track.

Monterey Peninsula College dedicated its new fitness and weight training center in 2007.

**Get fit &  
get paid!**

(see Section 6.2 Classified Contract )

**Call for Details**

PE Phone: 831-646-4271  
HR Phone: 831-646-4275