

**Job Description/Title:** ATHLETIC TRAINER  
**Approved, Bargaining Unit President:** 3/14/08  
**Approved, MPC Associate Dean, Human Resources:** 2/28/2008  
**Board Approved:** 6/24/08

## MONTEREY PENINSULA COLLEGE

### ATHLETIC TRAINER

#### JOB SUMMARY

Under general direction, provide first aid and emergency care of injured Physical Education students and athletes. Receive limited supervision within a broad framework of standard District policies and procedures. Assist in injury prevention; determine when professional medical attention is needed; maintain safe training room environment for sports and physical education programs.

#### EXAMPLES OF FUNCTIONS

##### Essential Functions

Provide emergency care for injured Physical Education students and athletes.

Accompany teams on trips, attend at-home games to provide first aid or treatment of injuries; evaluate injuries of MPC/ visiting team during athletic events; maintain contact by cell phone when several events occur simultaneously; drive team van.

Send or transport injured athletes to physician or hospital if necessary; follow up with student.

Make sound decisions under pressure regarding the need for professional attention, treatment choice and authorization of athletes to return to activity.

Carry out physician's orders in administering conditioning and rehabilitation treatment by use of massage, whirlpool, heat lamp, microwave and ultrasound diathermy and other physical therapy treatments; operate related therapy equipment.

Assist medical staff by setting up yearly physical exams for athletes.

Check fit of helmets and shoulder pads; fit athletes with correct size helmets and shoulder pads when required.

Develop and implement rehabilitation programs; carry physical therapy modalities and equipment; tape and strap athletes before practice and games.

Recommend and implement injury prevention measures; inspect facilities and equipment, shower rooms, playing fields and dressing rooms to eliminate hazards.

Assist College nurse in filling out claim forms regarding insurance for athletes.

Maintain records of athletic injuries and treatments; prepare injury reports.

Maintain treatment room and equipment in clean and sanitary condition.

Maintain necessary supplies for the care and treatment of athletic injuries.

Plan or participate in clinics and other special athletic events conducted on campus; identify safe and unsafe athletic equipment.

Coordinate assignment and activities of other classified employees in the athletic and physical education program and direct and train student assistants.

### **Other Duties**

Serve on college committees as assigned.

Perform other related duties as assigned.

## **EMPLOYMENT STANDARDS**

### **Education and Experience**

Any combination of education, experience, and training which would indicate possession of the required knowledge, skills and abilities listed herein. Completion of a Bachelor's Degree in Physical Education or a closely related field and certification by the National Athletic Trainers Association (NATA).

### **Knowledge**

Knowledge of: prevention, care, treatment and rehabilitation of athletic injuries; forms of accepted physical therapy policies, rehabilitation programs; procedures to maintain safe training room environment for sports and physical education programs; procedures to eliminate hazards from facilities, equipment, shower rooms, play fields and dressing rooms; rules and regulations of a community college; current office methods and practices including filing systems, receptionist and telephone techniques, letter and report writing; various computer programs as needed; mathematical computations; public and human relations skills.

### **Abilities**

Ability to: implement procedures for the prevention, care, treatment, and rehabilitation of athletic injuries, including developing special braces; administer all forms of accepted physical therapy and first aid; use athletic conditioning devices; make slings and splints; read notes, recognize and correct hazardous conditions of equipment and facilities to read and follow memos and first aid manuals; communicate effectively in both oral and written form; carry out oral and written instructions; use appropriate and correct English spelling, grammar and punctuation; operate efficiently office machines and equipment; proficiently use word processing software; establish and maintain effective work relationships with those contacted in the performance of required duties; demonstrate an understanding of, sensitivity to and appreciation for the diverse academic, ethnic, socio-economic, disability and gender diversity of students and staff attending or working on a community college campus.

## **PHYSICAL EFFORT/WORK ENVIRONMENT**

Moderate to heavy physical effort; occasional standing or walking; periodic handling of moderate weight parcels up to 50 pounds; frequent full body exertion. Indoor work environment; exposure to environmental extremes.