

CHOOSING YOUR MAJOR

- 1) Work with an academic counselor to explore and plan ways to meet your graduation/transfer requirements while taking subjects that interest you.
- 2) Consider taking a Career Planning (PERS 51) or Career Exploration (PERS 431) class that includes assessments of your interests, values, personality type and skills.
- 3) Use “Missing Majors” at www.missingmajor.com, an online interactive video that helps you assess your interests, locate resources, overcome obstacles and evaluate best choices. It’s also FUN! Sponsored by MonsterTrak.
- 4) Take the TRUE COLORS assessment (www.eureka.org, call 645.1336 to get site ID code). Visit the Career/Transfer to access other online self-evaluation tests.
- 5) Don’t panic or feel pressured...most people will change jobs 9-13 times and make 3 to 5 career changes in their working lifetime. A major chosen now will probably not be the only professional choice of your lifetime.
- 6) Look at the outcomes of several majors—“What can I do with a major in ...?” The Career/Transfer Resource Center has handouts for majors and books on all majors, programs, and occupational trainings offered at MPC.
- 7) Talk with faculty and professionals in the field/s that interest you. Consider an informational interview, “job shadow”, volunteer work or internship to get some hands-on experience. Discover the upside and the challenges of those occupations.
- 8) Use the many resources of the Career/Transfer Resource Center: books, videos, CDs, computer access & programs, like EUREKA, to locate majors and the schools that offer them.
- 9) Check out these online resources for “What Can I Do with a Major in...?” (These may also help with writing your resume!)

Ashland University, Ohio (includes skills needed and how to get experience, may help with resume)
www.ashland.edu/cardev/cdm-major.html

University of North Carolina, Wilmington (includes list of websites and job search sites)
www.uncwil.edu/stuaff/career/majors/

University of Tennessee (available in HTML or PDF formats, has links to career resources)
www.career.utk.edu/students/majors.asp

Western Carolina University (links to professional organizations)
<http://careers.wcu.edu/majors.asp>