CPR Class Providers

1. **CHOMP**
   - Ryan Ranch (831) 649-7777
   - Outpatient Campus Bldg. D
   - 2 Upper Ragsdale, Poppy & Lupine Conference Rooms
   - Monterey, CA 93940
   - [www.chomp.org/your-health/classes-events](http://www.chomp.org/your-health/classes-events)
   - *Traditional classroom setting or skills testing after HeartCode online*

2. **Health Ed Services**
   - 36 Quail Run Circle Ste. 101 (831) 424-1867
   - Salinas, CA 93906
   - [www.healthedservices.com](http://www.healthedservices.com)
   - Full and blended classes
   - Offered 2x a month (full class/blended class – skills – 3x a week.
   - *Traditional classroom setting or skills testing after HeartCode online*

3. **Medics for Life**
   - 8022 San Miguel Dr. (831) 601-2494
   - Prunedale, CA
   - [www.medicsforlife.com](http://www.medicsforlife.com)
   - Skills check off Thursdays @ 6 PM *
   - *Skills portion offered after taking HeartCode online*

4. **MCRFD**
   - 19900 Portola Dr. 1st Saturday @9 AM
   - Salinas, CA 93908
   - [https://www.mcrfd.org/cpr-classes](https://www.mcrfd.org/cpr-classes)
   - or 3rd Wed. @ 6 PM cash or check

5. **Above Bar CPR**
   - 3121 Park Ave. (831) 462-4376
   - Soquel, CA 95073
   - Check calendar for BLS Certification classes
   - [www.abovebarcpr.com](http://www.abovebarcpr.com)
   - Classes offered weekly
   - *Traditional classroom setting or skills testing after HeartCode online*

6. **Defib This**
   - 1543 Pacific Ave. (831) 426-9111
   - Santa Cruz, CA 95060
   - Check calendar for BLS Certification classes
   - [www.defibthis.com](http://www.defibthis.com)
   - Classes offered weekly
   - *Traditional classroom setting or skills testing after HeartCode online*

AHA Healthcare Provider CPR is a prerequisite of this EMT class. A **copy of your current CPR card or proof of a class recently taken is required the first night of class**. If you do not bring a copy you will not be eligible to take the class (8 1/2x11).

**Instructions for online portion:** Go to: [www/onlineaha.org](http://www/onlineaha.org) Click on Courses. Then click on BLS- Basic Life Support. Then click on HeartCode BLS.

Separate fees for the classes listed above.

Updated 8/22/19