

## Meeting the Prerequisite/Corequisite for Massage Therapy Program Courses

*The hands-on massage courses are listed under "Physical Fitness - Massage" in the printed and online versions of the Class Schedule, and under "Massage Therapy" in the MPC Catalog of Courses. The courses have been renamed—they were formerly PFIT courses—as MASS 82, MASS 83, MASS 84, MASS 85, MASS 180A, and MASS 180B.*

MASS 82 (Therapeutic Massage I) is the prerequisite for MASS 83 (Therapeutic Massage II), MASS 84 (Sports Massage), and MASS 85 (Clinical Massage). MASS 82 also is the corequisite for MASS 180A (Massage Lab I). If you completed at another school a basic massage course of approximately 130 hours that is similar to MASS 82, you fulfilled the prerequisite for MASS 83, 84, and 85, and you fulfilled the corequisite for MASS 180A. If you completed at another school a massage course of approximately 130 hours that is similar to MASS 83, you fulfilled the prerequisite for MASS 180B (Massage Lab II). If you want to enroll in MASS 83, MASS 84, MASS 85, MASS 180A, or MASS 180B without having taken MASS 82, you must fill out a Prerequisite Verification form (see below).

If you are a former MPC Massage Therapy Program student who cannot enroll in MASS 83, MASS 84, MASS 85, or MASS 180A because you haven't completed MASS 82 or PFIT 82 (the previous name of MASS 82), but you completed PFIT 280 *and* 281 or PFIT 80 *and* 81 (see below), you have completed the equivalent of PFIT 82 and Mass 82 and need to complete a Prerequisite Verification form before you can enroll in MASS 83, 84, 85, or 180A.

When the Massage Therapy Program began in 1994, there were two massage courses in the program:

- ☞ PFIT 280 (Swedish Massage), a 3-unit 10-week course
- ☞ PFIT 281 (Adjunctive Massage Techniques), a 2-unit 6-week course

Soon after the Massage Therapy Program began, MPC changed the way the courses were named. The original courses changed as follows:

- ☞ PFIT 280 became and is equivalent to PFIT 80 (Swedish Massage), a 3-unit 10-week course
- ☞ PFIT 281 became and is equivalent to PFIT 81 (Massage Techniques), a 2-unit 6-week course

An additional change occurred in the late 1990s. The change was as follows:

PFIT 80 & PFIT 81 were combined into and are the equivalent of PFIT 82 and MASS 82 (Therapeutic Massage I), which are 4-unit 17-week courses.

Because PFIT 280 is the equivalent of PFIT 80, and because PFIT 281 is the equivalent of PFIT 81, PFIT 280 and PFIT 281 together also are equivalent to PFIT 82 and MASS 82.

Therefore:

- ☞ Because PFIT 280 and PFIT 281 are equivalent to PFIT 82 and MASS 82, they satisfy the prerequisite for MASS 83, 84 and 85 and the corequisite for MASS 180A.
- ☞ Because PFIT 80 and PFIT 81 are equivalent to PFIT 82 and MASS 82, they satisfy the prerequisite for MASS 83, 84 and 85 and the corequisite for MASS 180A.

Prerequisite Verification form procedures:

1. Pick up the form from the Counseling Department, or online: <https://www.mpc.edu/home/showdocument?id=4816>.
2. On the form:
  - a. Provide your personal information.
  - b. Write the name of the MPC course(s) in which you wish to enroll (MASS 83, 84, 85, or 180A/B).
  - c. Write the MPC prerequisite course (MASS 82, for example).
  - d. Check the appropriate option under "Check the document(s) attached that verifies completion of the prerequisite:" Most of you probably will check "Other" and provide an explanation in the space provided. If you are a former Massage Therapy Program student, print a copy of this document and attach it to the form and use it to explain how you satisfied the prerequisite. If you completed equivalent training at another school, attach a copy of your diploma, transcript, or other documentation of your training.
3. Return the form to the Counseling Department via fax, mail, or in-person.

MPC Counseling Department: Student Services Building, 2<sup>nd</sup> Floor; 831-646-4020; fax: 831-646-4838.

<https://www.mpc.edu/student-services/core-services/counseling-academic-advising/prerequisite-clearance>