








# Massage Therapy Program

-  *Learn an ancient healing art that enhances fitness and health and relieves the pain and stress of life in our modern world*
-  *Earn various certificates or an Associate in Science degree in Massage Therapy*
-  *Complete a 500-hour Massage Therapist certificate in two semesters*
-  *Program is approved by California Massage Therapy Council*
-  *Give and receive massage every week during class*
-  *Save up to 90% on tuition and fees compared to private massage schools*
-  *Gain rewarding and well-compensated employment in a variety of settings*

The Massage Therapy Program at MPC has been offering affordable and quality training for over 25 years. Our hands-on massage courses include techniques such as Swedish, deep tissue, chair, sports, clinical, trigger point, and acupressure. You can choose from over two dozen other courses in subjects such as anatomy, physiology, kinesiology, psychology, business, medical terminology, physical fitness, and nutrition. Day and evening classes are available. Our graduates enjoy working in spas and resorts, physical therapy and chiropractic clinics, massage franchises, and private practice.

The MASS courses below usually are offered once per year starting in fall semesters. However, due to COVID-19, this schedule may change without notice.

<u>Course Schedule – Fall Semester</u>	<u>Course Schedule – Spring Semester</u>
<b>ANAT 5 - Human Biology</b> Various days and times	<b>MASS 83 - Therapeutic Massage II</b> T & Th 9:30 AM – 1:20 PM
<b>MASS 82 - Therapeutic Massage I</b> T & Th 9:30 AM - 1:20 PM	<b>MASS 84 - Sports Massage</b> (1 <sup>st</sup> half of semester) T & Th 6:00 PM - 10:00 PM for eight weeks
<b>MASS 180A - Massage Lab I</b> Days & times to be determined during first week of class	<b>MASS 85 - Clinical Massage</b> (2 <sup>nd</sup> half of semester) T & Th 6:00 PM - 10:00 PM for eight weeks
	<b>MASS 180B – Massage Lab II</b> Days & times to be determined during first week of class

For more information: 831-646-4231; pdtuff@mpc.edu

Visit us on the web:

<https://www.mpc.edu/academics/academic-divisions/kinesiology/massage-therapy>

